

VERO RADIOLOGY ASSOCIATES

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Board Certified by the American Board of Radiology

PATIENT NAME: WHALEY, KAREN
ORD PHYS: LAUREN BLOOM, D.O.
PROC DATE/TIME: Nov 24 2017 1:28PM

SEX: F

*****Final Report*****

BONE DENSITOMETRY

This is a 80Year-old Caucasian female.

RISK FACTORS

Adult fracture	Yes
Family history of osteoporosis	Yes
Tobacco use	No
Steroids	Yes
Thyroid medication	No
Seizure medication	No
Kidney disease	No
Rheumatoid arthritis	No
Bowel disease	No
Postmenopausal	Yes
Oophorectomy	No
Alcohol consumption	No
Family history of parent hip fracture	Yes
Secondary osteoporosis	No

BENEFICIAL FACTORS

Dairy consumption	Yes
Calcium supplements	No
Regular exercise	Yes
Hormone replacement	No
Fosamax	No
Actonel	No
Evista	No
Calcitonin	No
Boniva	No
Reclast	No
If other than above:	

With low dose dual energy x-ray absorptiometry (DEXA), bone mineral density measurements were obtained.

	<u>BMD</u>		
<u>REGION</u>	<u>g/cm²</u>	<u>T</u>	<u>Z</u>
Lumbar spine (L1-L4):	0.999	-1.6	0.3
2015	1.054		
Interval change:	-5.2		
Left hip Total:	0.747	-2.1	0.2
2015	0.806		
Interval change:	-7.3		

FRAX

Major Osteoporotic Fracture: 34.4

Hip Fracture:

21.7

BONE DENSITOMETRY

CLINICAL HISTORY:

80-year-old postmenopausal female

COMPARISON:

11/19/2015

FINDINGS:

IMPRESSION:

THERE IS OSTEOPOROSIS OF THE UPPER LUMBAR SPINE DIFFUSE OSTEOPENIA OF THE LUMBAR SPINE OVERALL. THERE IS MODERATE OSTEOPENIA OF THE LEFT HIP. THERE HAS BEEN AN APPROXIMATELY 5-7% BONE MINERAL DENSITY DECREASE WHEN COMPARED WITH THE PRIOR EXAMINATION.

Report Dictated by: JOHN J. HOLMES, M.D.

Report Electronically Signed By: JOHN J. HOLMES, M.D. Nov 24 2017 1:37P