[redacted] From: Bellevue Medical Imaging

Bellevue Medical Imaging
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Patient: COMBS, PAMELA
DOB: 1/17/1958 **Exam Date:** 8/02/2018
[redacted]
[redacted]
[redacted]
2nd Referring:

CLICK HERE TO VIEW EXAM

PROCEDURE: DEXA ROUTINE HIPS, SPINE

COMPARISON: Bellevue Medical Imaging, DX, ROUTINE HIPS, SPINE, PELVIS, 10/19/2017, 11:51.

TECHNIQUE: Hologic Discovery SL

INDICATIONS AND RISK FACTORS: Personal history of osteoporosis and postmenopausal.

BENEFICIAL BEHAVIORS AND THERAPIES THAT DECREASE THIS PATIENT'S RISK OF OSTEOPOROSIS INCLUDE THE FOLLOWING: Current strontium use x8 months, regular exercise, calcium supplements (1000 mg), Vitamin D supplement (5000 international units), and adequate dietary calcium intake. Current bioidentical hormone use x15 years.

FINDINGS:

Lateral and AP spine L1-4: BMD 0.833, which is equivalent to a T-score of -1.9, which represents moderate osteopenia, borderline severe osteopenia. There has been a 11.0 % increase in BMD as compared to the baseline study in 2017.

Left femoral neck: BMD 0.699, which is equivalent to a T-score of -1.4, which represents mild osteopenia, borderline moderate osteopenia. There has been a 10.5 % increase in BMD as compared to the baseline study in 2017.

Right femoral neck: BMD 0.690, which is equivalent to a T-score of -1.4, which represents mild osteopenia, borderline moderate osteopenia. There has been a 4.1 % increase in BMD as compared to the baseline study in 2017.

IMPRESSION:

Lateral and AP spine: Moderate osteopenia, borderline severe osteopenia. Significant interval increase in BMD as compared to the baseline study in 2017.

Left femoral neck: Mild osteopenia, borderline moderate osteopenia. Significant interval increase in BMD as compared to the baseline study in 2017.

Right femoral neck: Mild osteopenia, borderline moderate osteopenia. No significant interval change in BMD as compared to the baseline study in 2017.