

Watson, Barbara

Ordered On 9/12/2017 12:00 AM

Ordering Provider
Huang, Sean, MD

Authorizing Provider
Huang, Sean, MD

Ordering User
Edi, NmH Future Orders
Conversion

Ordering Department

DEXA Bone Density

Status: Final result (Collected: 3/13/2018 00:00)

Results

DEXA Bone Density 1 or More Sites

Status: Final result Visible to patient: Yes (MyChart) Next appt: 12/29/2020 at 11:15 AM in Radiology
(PWH MAMMO SCREENING 00) Dx: Age-related osteoporosis without curr...

Specimen Collected:
03/13/18 00:00

Last Resulted: 03/30/18
17:54

Order Details View Encounter Lab and Collection
Details Routing Result History

DEXA Bone Density, Axial Skeleton

Order: 1148229491 - Part of Panel Order 1060615600

Status: Final result Visible to patient: No (not released) Next appt: 12/29/2020 at 11:15 AM in Radiology
(PWH MAMMO SCREENING 00) Dx: Age-related osteoporosis without curr...

Details

Narrative

Impression: Osteoporosis. Compared to the prior exam dated 3/2016, the AP Spine(L1, L2, L3) shows a significant decrease in BMD by -5.3%.

Discussion: The U.S. National Osteoporosis Foundation (NOF) recommends that postmenopausal women with a low-trauma hip or vertebral fracture, or a T-score of -2.5 or lower at the lumbar spine, total hip or femoral neck, be considered for pharmacologic treatment. Treatment decisions should be made on overall fracture risk and patient and provider preferences. Appropriate calcium and vitamin D intake, along with regular weight-bearing exercise, fall prevention and other lifestyle

measures, are recommended.

Follow-Up: Consider a repeat BMD in 2 years or as clinically indicated.

Reported by: Allison Hahr, MD on 03/30/2018 5:53:00 PM.

| | Ref Range & Units | 2yr ago | 4yr ago |
|---------------------------------|-------------------|--------------|---------|
| AP Spine L1: BMD | g/cm2 | 0.7 | |
| AP Spine L1: T-Score | | -2.6 | |
| AP Spine L1: Z-Score | | -0.7 | |
| AP Spine L2: BMD | g/cm2 | 0.691 | |
| AP Spine L2: T-Score | | -3.1 | |
| AP Spine L2: Z-Score | | -1.6 | |
| AP Spine L3: BMD | g/cm2 | 0.71 | |
| AP Spine L3: T-Score | | -3.4 | |
| AP Spine L3: Z-Score | | -1.9 | |
| AP Spine Total BMD | g/cm2 | 0.701 | |
| AP Spine Total T-Score | | -2.9 | |
| AP Spine Total Z-Score | | -1.5 | |
| AP Spine Total Classification | | Osteoporosis | |
| AP Spine Total Included Regions | | L1, L2, L3 | |
| Femoral Neck (Left): BMD | g/cm2 | 0.655 | 0.646 |
| Femoral Neck (Left): T-Score | | -1.7 | -1.8 |
| Femoral Neck (Left): Z-Score | | -0.6 | -0.7 |
| Total Hip (Left): BMD | g/cm2 | 0.703 | 0.737 |
| Total Hip (Left): T-Score | | -2 | -1.7 |
| Total Hip (Left): Z-Score | | -0.9 | -0.8 |
| Femoral Neck (Right): BMD | g/cm2 | 0.574 | 0.628 |
| Femoral Neck (Right): T-Score | | -2.5 | -2.0 |
| Femoral Neck (Right): Z-Score | | -1.2 | -0.9 |
| Total Hip (Right): BMD | g/cm2 | 0.746 | 0.740 |
| Total Hip (Right): T-Score | | -1.6 | -1.7 |
| Total Hip (Right): Z-Score | | -0.7 | -0.8 |

FXRISK NOF VALUE

FRAX not
reported
because: Some
T-score for
Spine Total or
Hip Total or
Femoral Neck at
or below -2.5

BMDROC SCAN TYPE

AP Spine

BMDROC REGION

AP Spine(L1, L2,
L3)

BMDROC TSCORE

-2.9

BMDROC SCAN TYPE

AP Spine

BMDROC TSCORE

-2.5

BMDROC SCAN TYPE

Hip

BMDROC REGION

Total Hip(Left)

BMDROC TSCORE

-2

BMDROC SCAN TYPE

Hip

BMDROC TSCORE

-1.7

BMDROC SCAN TYPE

Hip

BMDROC REGION

Femoral Neck
(Left)

BMDROC TSCORE

-1.7

BMDROC SCAN TYPE

Hip

BMDROC TSCORE

-1.8

BMDROC SCAN TYPE

Hip

BMDROC REGION

Total Hip(Right)

BMDROC TSCORE

-1.6

BMDROC SCAN TYPE

Hip

BMDROC TSCORE

-1.7

BMDROC SCAN TYPE

Hip

BMDROC REGION

Femoral Neck
(Right)

BMDROC TSCORE

-2.5

BMDROC SCAN TYPE

Hip

BMDROC TSCORE

-2

Resulting Agency

DEXA

DEXA

Specimen Collected:

Last Resulted: 03/30/18

Lab Flowsheet Order Details View Encounter Lab and

03/13/18 00:00

17:54

Collection Details Routing Result History