IMPRESSION:

Osteopenic and osteoporotic changes as described.

According to the FRAX (WHO fracture risk assessment tool), the 10 year probability of a major osteoporotic fracture is 22%, and the 10 year probability of a hip fracture is 5.5%.

Consider FDA-approved medical therapies in postmenopausal women and men aged 50 years and older, based on the following:

A hip or vertebral (clinical or morphometric) fracture.

T-Score equal to or less than -2.5 at the femoral neck or spine after appropriate evaluation to exclude

Low bone mass (T-score between -1.0 and -2.5 at the femoral neck or spine) and a 10-year probability a hip fracture, equal to or greater than 3%, or a 10-year probability of a major osteoporosis-related fracture, equal to or greater than, 20% based on the US-adapted WHO algorithm.

Clinicians judgement and/or patient preferences may indicate treatment for people with 10-year fraction probabilities above or below these levels.