# Carolina Health Specialists

Phone: Fax:

## **Bone Density Report**

Name:

MCMARR-SCHROEDER, SHARON

ev.

Female

Age:

Patient ID:

13

Ethnicity:

White

Height:

Referring Provider: Dr.

Dr.

Date of Birth:

Weight:

Indication: postmenopausal osteoporosis; height loss;

Accession number:

### Clinical Information Provided by Patient:

Has used the following medications:		
Patient maximum height was	64	
Menopause Age	50	
No regular weight bearing exercise		
Drinks caffeinated beverages		
Onset of menses at age	14	
Number of children	1	

### Bone Density: Exam date 11/6/2024

Region	BMD (g/cm²)	T-score	Z-score	Classification	
AP Spine(L1-L4)	0.696	-3.2	-0.7	Osteoporosis	
Femoral Neck(Left)	0.495 -3.2 -1.		0.495 -3.2 -1.1 O	-1.1 Osteoporosi	Osteoporosis
Total Hip(Left)	0.609	-2.7	-0.9	Osteoporosis	

World Health Organization criteria for BMD impression classify patients as Normal (T-score at or above – 1.0), Osteopenia (T-score between –1.0 and –2.5), or Osteopenia (T-score at or below –2.5).

### 10-year Fracture Risk:

FRAX not reported because:

Some T-score for Spine Total or Hip Total or Femoral

Neck at or below -2.5

#### Previous Exams:

Region	Exam Date	Age	BMD (g/cm²)	T-score	BMD Change vs. Baseline	BMD Change vs. Previous
AP Spine (L1-L4)	11/06/2024	76	0.696	-3.2	7.0%	7.0%
	06/22/2021	72	0.650	-3.6		