[handwritten: once every 24 months]

Carolina Health Specialists

Phone: ▮▮▮▮▮▮▮ Fax: ▮▮▮▮▮▮▮

Bone Density Report

Name:	MCMARR-SCHROEDER, SHARON R	Sex:	Female	Age:	▮
Patient ID:	▮▮▮▮	Ethnicity:	White	Height:	▮
Referring Provider:	▮▮▮▮ PA-C.	Date of Birth:	▮▮▮	Weight:	▮

Indication: postmenopausal; screening for osteoporosis; height loss;

Accession number:

Clinical Information Provided by Patient:

Has used the following medications:	▮▮▮▮▮▮▮
Patient maximum height was	64
Menopause Age	50
No regular weight bearing exercise	
Drinks caffeinated beverages	
Onset of menses at age	14
Number of children	1

[handwritten: -2 or -3 = below bone mass 20-30% of over 30 yr. old]

Bone Density: Exam date 6/22/2021

[handwritten right margin: Z-score compares bone den to aver - density ppl you age + g... — Low = than 2 deviat below indiv. age]

Region	BMD (g/cm²)	T-score	Z-score	Classification
AP Spine(L1-L4)	0.650	-3.6	-1.3	Osteoporosis
Femoral Neck(Left)	0.437	-3.7	-1.8	Osteoporosis
Total Hip(Left)	0.568	-3.1	-1.4	Osteoporosis

World Health Organization criteria for BMD impression classify patients as Normal (T-score at or above −1.0), Osteopenia (T-score between −1.0 and −2.5), or Osteoporosis (T-score at or below −2.5).

10-year Fracture Risk:

FRAX not reported because:
Some T-score for Spine Total or Hip Total or Femoral Neck at or below -2.5

Impression: The patient has osteoporosis, based on the Left Femoral Neck T-score.

Discussion: INCREASED RISK OF FRACTURE. BONE DENSITY IS UNDESIRABLY LOW AT ONE OR MORE SKELETAL SITES, CONSISTENT WITH POSTMENOPAUSAL OSTEOPOROSIS.
This patient's lowest T-score meets the World Health Organization's (WHO) criteria for osteoporosis at one or more sites (T-score -2.5 or below).