

Name: Linda Thomas

PCP:

# Dexa Axial Skeleton Bone Density 1 Or 2 Site - Details

2-9-2021

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## Comments from the Doctor's Office

Your bone density results showed osteopenia, or slightly reduced bone density. Severely reduced bone density is referred to as osteoporosis. I used a risk prediction tool called the FRAX score to better estimate your risk of fracture. This tool calculate your risk of a major osteoporotic fracture and, more specifically, a hip fracture. Here are your scores:

Major osteoporotic fracture (medication recommended if greater than 20%): 11%

Hip fracture (medication recommended if greater than 3%): 1.9%

Recommendations: Given that bone density is stable, I would not recommend any additional medication. We should repeat bone density testing in about 2 years.

## Study Result

### Impression

Low bone mass (osteopenia) which depending on the clinical circumstances may result in a moderate increased risk of fragility fracture.

If followup is to be done, for technical reasons, it should be performed on this same machine.

Electronically signed by:

### Narrative

EXAM: Bone mineral density BJC Outpatient Center - Ellisville

HISTORY: Osteopenia.

DXA BMD was done at BJC Outpatient Center - Ellisville on a Hologic Horizon C.

Precision testing has not yet been completed at this site.

BMD L1-L4 is 0.867 g/sq cm corresponding to a T score of -1.6.

BMD left femoral neck is 0.643 g/sq cm corresponding to a T score of

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-1.9.

BMD total left hip is 0.785 g/sq cm corresponding to a T score of

-1.3.

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2021 test

COMPARISON: Comparison with the prior study is not entirely valid as it was done on a completely different machine.

### Component Results

There is no component information for this result.

### General Information

Ordered by [REDACTED]

Collected on 02/09/2021 11:03 AM

Resulted on 02/09/2021 11:04 AM

Result Status: Final result

For your convenience, these results may have been released prior to official review; please give your provider time to contact you about any significant findings.