

Watson, Barbara [REDACTED]

Ordered On 9/12/2017 12:00 AM

Ordering Provider

Authorizing Provider

Ordering User

Ordering Department

## DEXA Bone Density [REDACTED]

Results

Status: Final result (Collected: 3/13/2018 00:00)

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### DEXA Bone Density 1 or More Sites [REDACTED]

Status: Final result Visible to patient: Yes (MyChart) Next appt: 12/29/2020 at 11:15 AM in Radiology  
(PWH MAMMO SCREENING 00) Dx: Age-related osteoporosis without curr...

Specimen Collected:  
03/13/18 00:00

Last Resulted: 03/30/18  
17:54

Order Details View Encounter Lab and Collection  
Details Routing Result History

### DEXA Bone Density, Axial Skeleton

Order: [REDACTED] Part of Panel Order [REDACTED]

Status: Final result Visible to patient: No (not released) Next appt: 12/29/2020 at 11:15 AM in Radiology  
(PWH MAMMO SCREENING 00) Dx: Age-related osteoporosis without curr...

#### Details

##### Narrative

Impression: Osteoporosis. Compared to the prior exam dated 3/2016, the AP Spine(L1, L2, L3) shows a significant decrease in BMD by -5.3%.

Discussion: The U.S. National Osteoporosis Foundation (NOF) recommends that postmenopausal women with a low-trauma hip or vertebral fracture, or a T-score of -2.5 or lower at the lumbar spine, total hip or femoral neck, be considered for pharmacologic treatment. Treatment decisions should be made on overall fracture risk and patient and provider preferences. Appropriate calcium and vitamin D intake, along with regular weight-bearing exercise, fall prevention and other lifestyle

measures, are recommended.

Follow-Up: Consider a repeat BMD in 2 years or as clinically indicated.

Reported by: [REDACTED] [REDACTED]

	Ref Range & Units	2yr ago	4yr ago
AP Spine L1: BMD	g/cm2	0.7	
AP Spine L1: T-Score		-2.6	
AP Spine L1: Z-Score		-0.7	
AP Spine L2: BMD	g/cm2	0.691	
AP Spine L2: T-Score		-3.1	
AP Spine L2: Z-Score		-1.6	
AP Spine L3: BMD	g/cm2	0.71	
AP Spine L3: T-Score		-3.4	
AP Spine L3: Z-Score		-1.9	
AP Spine Total BMD	g/cm2	0.701	
AP Spine Total T-Score		-2.9	
AP Spine Total Z-Score		-1.5	
AP Spine Total Classification		Osteoporosis	
AP Spine Total Included Regions		L1, L2, L3	
Femoral Neck (Left): BMD	g/cm2	0.655	0.646
Femoral Neck (Left): T-Score		-1.7	-1.8
Femoral Neck (Left): Z-Score		-0.6	-0.7
Total Hip (Left): BMD	g/cm2	0.703	0.737
Total Hip (Left): T-Score		-2	-1.7
Total Hip (Left): Z-Score		-0.9	-0.8
Femoral Neck (Right): BMD	g/cm2	0.574	0.628
Femoral Neck (Right): T-Score		-2.5	-2.0
Femoral Neck (Right): Z-Score		-1.2	-0.9
Total Hip (Right): BMD	g/cm2	0.746	0.740
Total Hip (Right): T-Score		-1.6	-1.7
Total Hip (Right): Z-Score		-0.7	-0.8



FXRISK NOF VALUE

FRAX not  
reported  
because: Some  
T-score for  
Spine Total or  
Hip Total or  
Femoral Neck at  
or below -2.5

BMDROC SCAN TYPE

AP Spine

BMDROC REGION

AP Spine(L1, L2,  
L3)

BMDROC TSCORE

-2.9

BMDROC SCAN TYPE

AP Spine

BMDROC TSCORE

-2.5

BMDROC SCAN TYPE

Hip

BMDROC REGION

Total Hip(Left)

BMDROC TSCORE

-2

BMDROC SCAN TYPE

Hip

BMDROC TSCORE

-1.7

BMDROC SCAN TYPE

Hip

BMDROC REGION

Femoral Neck  
(Left)

BMDROC TSCORE

-1.7

BMDROC SCAN TYPE

Hip

BMDROC TSCORE

-1.8

BMDROC SCAN TYPE

Hip

BMDROC REGION

Total Hip(Right)

BMDROC TSCORE

-1.6

BMDROC SCAN TYPE

Hip

BMDROC TSCORE

-1.7

BMDROC SCAN TYPE

Hip

BMDROC REGION

Femoral Neck  
(Right)

BMDROC TSCORE

-2.5

BMDROC SCAN TYPE

Hip

BMDROC TSCORE

-2

Resulting Agency

DEXA

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Lab Flowsheet Order Details View Encounter Lab and  
Collection Details Routing Result History