

Name: Ann [REDACTED] Lalonde [REDACTED] | [REDACTED] | PCP: [REDACTED] Legal Name: Ann [REDACTED] Lalonde

DEXA, BONE DENSITY STUDY

[REDACTED] Johns, M.D. 04/30/2023, 3:31 PM

Dear Ann

Your dexa scan showed osteoporosis.

Recommend to restart back on fosamax or IV infusion called reclast.

Let me know if you are ok with that.

Please feel free to call our office if any questions or concerns.

Thank you.

[REDACTED] Johns, M.D.

Results

Comments From the Doctor's Office

[REDACTED]

Your dexa scan showed osteoporosis.

Recommend to restart back on fosamax or IV infusion called reclast.

Let me know if you are ok with that.

Please feel free to call our office if any questions or concerns. Thank you.

[REDACTED] Johns, M.D.

Written by [REDACTED] Johns, M.D. on 4/30/2023 3:31 PM EDT

Seen by patient Ann [REDACTED] Lalonde on 4/7/2025 12:50 PM

Study Details

Narrative & Impression

Report generated by voice recognition software by [REDACTED] Santucci, M.D. at workstation SO-DI-DIAG-01 on 4/18/2023 8:39 AM.

EXAMINATION: MA DEXA, BONE DENSITY STUDY

EXAM DATE: 4/18/2023 8:30 AM

CLINICAL HISTORY: osteopenia

Osteopenia of neck of left femur [M85.852]

Osteopenia of neck of left femur [M85.852]

Diagnosis Info: Osteopenia of neck of left femur

ADDITIONAL CLINICAL HISTORY: Postmenopausal. High risk for osteoporosis.

COMPARISON: 04/09/2021 MA DEXA, BONE DENSITY STUDY

TECHNIQUE: Utilizing dual energy x-ray absorptiometry, bone density measurements were obtained in the bilateral hips and spine. Forearm bone density measurement(s) are substituted when clinically necessary.

FINDINGS:

RIGHT FEMORAL NECK:

T-Score: -2.2

Z-Score: -1.0

RIGHT TOTAL HIP:

T-Score: -1.3

Z-Score: -0.3

LEFT FEMORAL NECK:

T-Score: -2.5

Z-Score: -1.2

LEFT TOTAL HIP:

T-Score: -1.4

Z-Score: -0.4

TOTAL LUMBAR SPINE:

T-Score: -1.6

Z-Score: -0.3

Comparison to the previous measurements: -5.7% lumbar spine.

IMPRESSION:

Osteoporosis based on the T-score of the left hip.

T-scores: Bone mineral density above or below mean compared to young adult.

≥ -1.0 : Normal

> -2.5 : Osteopenia

≤ -2.5 : Osteoporosis

Z-scores: Fracture risk assessment related to others same age.

$> +1.0$: Very low risk

$+0.5$ to $+1.0$: Below average risk

-0.5 to 0.5 : Average risk


-0.5 to -1.0 : Above average risk

-1.0 to -2.0 : Very high risk

< -2.0 : Extremely high risk

FRAX Version 3.00. Fracture probability is calculated for an untreated patient. Fracture probability may be lower if the patient has received treatment.

Signing Physician	Signing Date/Time
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 Santucci	04/18/2023 8:40 AM
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